**NR\_key\_name:** C5588DC753706E9C852562F20051B5C9

CN=Tom Samoluk/O=ARRB @ ARRB;CN=Dennis Quinn/O=ARRB @ ARRB;CN=Manuel Legaspi/O=ARRB @

SendTo: ARRB;CN=Laura Denk/O=ARRB @ ARRB
CopyTo: CN=David Marwell/O=ARRB @ ARRB

DisplayBlindCopyTo:

BlindCopyTo:

From: CN=Joseph Freeman/O=ARRB

DisplayFromDomain:

DisplayDate: 03/19/1996
DisplayDate\_Time: 9:58:17 AM
ComposedDate: 03/19/1996
ComposedDate\_Time: 9:52:30 AM

**Subject:** Run long, run slow...

Last night in my mailbox I found the potential answer to the ARRB Team's dreams... a downhill 10K!! "Pike's Peek" 10K in Rockville -- April 28, 1996. This could be our only shot at respectable times this year....it drops 190 ft. from point-tp-point start-to-finish!! Dare we rise (or in this case drift comfortably downward) to the

Body: challenge? recstat: Non-Record

**DeliveryPriority:** N **DeliveryReport:** B

ReturnReceipt: Categories: