

by

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The PK Parties have been extremely successful because more than 85% of the nearly 1,000 attendees have experienced the metal becoming warm and soft in their hands. The PK Parties are also replicable because more than 75 parties, run by other individuals have produced the same level of success. Many people ask "What are you going to do with the things you are learning at PK Parties?" and "What is the purpose of bending silverware?"

This paper is an attempt to answer both questions. First the PK Parties are the first reliable and replicable experiment in paranormal phenomena. Thus they provide a tremendous opportunity to conduct controlled experiments within an ongoing PK Party. I have been conducting an increasing number of these controlled experiments and believe that significant learning is taking place. Furthermore, so much can be learned about people from the parties. Even though I have no training in psychology, I feel that I have learned much about people and how to help them experience the unusual. The PK Parties have been useful as a method of finding people with exceptional abilities. However the parties clearly demonstrate that everyone can do these unusual things. It is true that some people are more capable than others. The analogy I use is that it is like tennis. There are natural athletes. If you give one a tennis racket and he only plays tennis once a year, he will always be an average tennis player. However if this natural athlete were to take the game seriously and train with lessons and much practice, he could become an excellent player. Even a non-athlete can become a reasonable tennis player with training. To date, identifying excellent metal benders has not produced any exceptional feats. Once I gathered a group of better than average metal benders together for an attempt at remote bending of an object with no one touching it. Nothing happened. I suspect part of the problem was that each wanted to be the "star" and they were not able to work together coherently. Even after 50 PK Parties I am still learning how to run them better and learning about the phenomena by observing what happens.

Most importantly, I enjoy seeing others experience bending metal and finding for themselves that even they can do something that previously they had thought was either magic (fraud) or was something only "special people" could do. For many this is a real revelation. The people learn that with the right mental attitude and technique, they can do anything! They also learn that everyone is a "special person." I have found that people who experience bending metal for themselves realize that our current physics does not explain everything and it gets their attention so that at

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least some of them begin to think about how they can apply what they have learned to their lives.

The purpose of bending silverware at a PK Party is for learning. Most people perfect the technique in a single party. Once they get the technique down, then they should understand how they can apply it to anything they want to do in their lives. The important ingredients are: 1) make a mental connection to the object you want to affect or the goal you want to achieve, 2) command it to do what you want, and 3) then release that thought and go about your business knowing it will happen. It sounds too simple but it works. It even sounds like the good old power of positive thinking.

If identifying the applications of PK as being able to do anything is too general for you, then the following list may help with more specifics:

1. Heal others.
2. Set and achieve your goals.
3. Reduce your stress by learning to release (this is the hardest step for most of us to learn)
4. Improve your ability in sports.
5. Bend or disable any threatening weapon.
6. Improve your learning skills.
7. Have the ability to lift a car off someone if necessary.
8. Do your own car body work.

The list is limitless. Think about the many ways you can apply this ability to your life.